



# Parent and Caregiver Experiences with the Mental Health System.



**PLEO** Parents' Lifelines  
OF EASTERN ONTARIO

# The Challenges of Transitions and Connections



# Every family's experience is unique.



# The importance of support

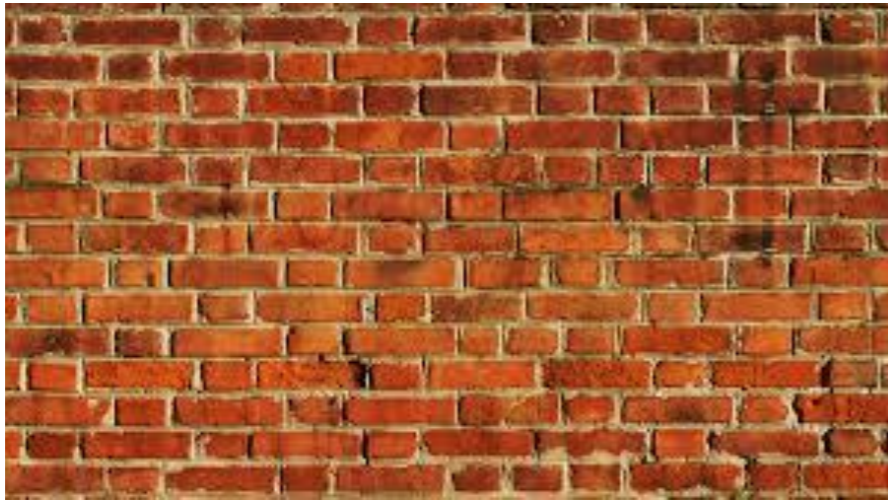
**Children, youth and young adults with family support have better outcomes.**

**For parents and caregivers to be the supporters their children, youth, young adults need, they too need support.**

# Knowledge and Information



# Consent and Confidentiality - Information Sharing



# Family Stress/Caregiver Strain



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